

THE COWFORD CHOPHOUSE PRESENTS

THE 3RD ANNUAL



Saturday, March 2, 2019 at 10 a.m.

RACE INFO

This family friendly event will consist of a one-mile fun run to begin at 9:30 a.m. and a 5K, which will start at 10 a.m. There will be a post-race block party on Bay and Ocean Streets, which will include music, beer, and food. Additionally, we will be honoring our generous sponsors with a VIP rooftop brunch reception. Medals will be given to all finishers and an award ceremony will follow the race completion. Each participant will receive a race bag with specialty items from our sponsors.

PROCEEDS

The proceeds from the MOO-VE IT 5K will benefit the Justice Coalition of Northeast Florida. The Justice Coalition is a grassroots 501(c)3 nonprofit, nonpartisan organization that advocates on behalf of innocent victims of crime. The Justice Coalition's mission is to serve the needs of innocent victims of violent crime, publicize unsolved murders & missing persons, and to promote community safety in six Northeast Florida counties.

For more information, visit justicecoalition.org.

ENTRY FEES

- \$35** early bird registration
- \$40** the week before the race
- \$45** day of race
- \$25** 1-mile fun run

