

### **COURSE**

The MOO-VE IT 5K course will start and finish in front of Cowford Chophouse. Participants will run by the Jacksonville Landing and then out and back along the Northbank Riverwalk

## **RACE INFO**

This family-friendly event will consist of a 5K at 8 a.m., a one-mile fun run to begin at 9 a.m., and a post-race block party on Bay and Ocean Streets, which will include music, drinks and food for race participants. Additionally, silver and gold level sponsors will be honored with a VIP rooftop brunch reception after the race.

Medals will be given to all participants, and top finishers will be recognized at an award ceremony. Each participant will receive a race bag with specialty items from our sponsors.

# **SOCIAL DISTANCING GUIDELINES**

Due to COVID-19, the 2021 MOO-VE IT 5K will maintain stringent social distancing guidelines to protect the health and safety of all participants. Safety measures include, but are not limited to, mask requirements, staggered start times, sealed water bottle stations and sanitation stations.

#### **ENTRY FEES**

\$35 early bird registration through February 27, 2021

**\$40** the week before the race through March 5, 2021

\$45 day of race

**\$25** 1-mile fun run

## **PROCEEDS**

The MOO-VE IT 5K will benefit the Jacksonville Arts & Music School (JAMS). JAMS is a creative youth development organization that provides arts education and leadership development to students grades 3-10 from underserved communities in Jacksonville. JAMS promotes the healthy development of creative freedom, self-confidence and self-improvement through the exploration of music, film, robotics, visual and performing arts. Proceeds from this year's MOO-VE IT 5K will support JAMS programming and aid in the expansion of its campus.

For more information, visit JAMSlife.org.



